

He is Alive

READ Luke 24:36-49

As they were talking, Jesus himself stood among them and said, "Peace be with you." ³⁷They were startled and frightened, thinking they saw a ghost. ³⁸He said to them, "Why are you troubled, and why do doubts rise in your minds? ³⁹Look at my hands and my feet. It is I myself! Touch me and see; a ghost does not have flesh and bones, as you see I have." ⁴⁰He showed them his hands and feet. ⁴¹And while they still did not believe it because of joy and amazement, he asked them, "Do you have anything here to eat?" ⁴²They gave him a piece of broiled fish, ⁴³and he took it and ate it in their presence. ⁴⁴He said, "This is what I told you while I was still with you: Everything must be fulfilled that is written about me in the Law of Moses, the Prophets and the Psalms." ⁴⁵Then He opened their minds so they could understand the Scriptures. ⁴⁶He told them, "This is what is written: The Messiah will suffer and rise from the dead on the third day, ⁴⁷and repentance for the forgiveness of sins will be preached in his name to all nations, beginning at Jerusalem. ⁴⁸You are witnesses of these things. ⁴⁹I am going to send you what my Father has promised; but stay in the city until you have been clothed with power from on high."

REFLECT –How did the reactions of the disciples change when they saw Jesus? Why? (vv. 37-40)

What did Jesus help them understand when He opened their minds? (vv. 45-48)

Jesus turned the disciple's fear into joy and amazement when He opened their minds so they could understand what was written about Him. At first they thought He was a ghost but then as Jesus talked with them, they realized He was truly alive. Jesus explained to them that He needed to die and rise from the dead so we could have forgiveness of sins. This is the good news of the gospel that gives us eternal life. Jesus was the perfect sacrifice, like the Passover lamb in Exodus, that was needed to save us from our sin. There is no other name under heaven by which we can be saved (Acts 4:12).

RESPOND – If you have never repented of your sins God is calling you to do that today. Below are 3 steps showing so you can ask Jesus to forgive you and become a child of God.

1. **Admit** you are a sinner and ask for forgiveness. (Romans 3:23, Acts 3:19)
2. **Believe** Jesus died for your sins (John 3:16) &
3. **Confess** Jesus as your Savior & Lord (Romans 10:9-10). Now you are able to follow His Word and live daily for Him!

Take some time to thank Jesus for His great sacrifice so we could be forgiven of our sins and become children of God.

Also have each person pray for someone or something that is on their mind.

Thank God for _____

Pray for _____

