

What Mary Chose

READ: Luke 10:38-42

³⁸As Jesus and the disciples continued on their way to Jerusalem, they came to a certain village where a woman named Martha welcomed Him into her home. ³⁹Her sister, Mary, sat at the Lord's feet, listening to what He taught. ⁴⁰But Martha was distracted by the big dinner she was preparing. She came to Jesus and said, "Lord, doesn't it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me." ⁴¹But the Lord said to her, "My dear Martha, you are worried and upset over all these details! ⁴²There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her."

REFLECT:

What did Mary choose to do while Martha prepared for dinner? (vs. 39)

What do you think was the one thing Mary discovered? (vs. 42)

As Martha ran around making sure everything was ready for the dinner she was preparing she got frustrated. Mary, on the other hand, discovered what was truly important as she sat at the feet of Jesus. She chose to listen to Him, hanging on every life changing word He taught. Her greatest desire was to seek Jesus and be with Him.

As King David said in (Psalm 27:4). "*One thing I ask from the LORD, this only do I seek: that I may dwell in the house of the LORD all the days of my life, to gaze on the beauty of the LORD and to seek Him in His temple.*" King David had a lot of important things that needed his attention, so he knew he had to seek the Lord first. Then God could guide him through the day to do what needed to be done.

Many things in this life compete for our attention. While they may not necessarily be bad, they can keep us distracted so spending time with Jesus isn't most important to us. When this is true in our lives, we must choose to put our priorities in the correct order. It should be our goal every day to seek Jesus first. As we do, everything else will fall into place and God will guide us through the day.

RESPOND:

What are some things in your life that distract you from choosing to make Jesus THE priority in your life?

What are some ways you can seek Jesus first and make spending time with Him the most important thing so He can guide you each day?

Have each person in your family thank God for something and then pray for something or someone who is on his/her mind.

Thank God for _____

Pray for _____