

Music & Meditation #12

Contemplation Prompts

3. What might be a small habit you can introduce into your daily routine that reminds you to trust the Lord with whatever trouble or unknown you find yourself in?
4. Read Psalm 91 and reflect on this question: What's the balance between trusting God's promise to keep us safe from trouble versus trusting God's promise to be with us in trouble? Is there a difference?

Let your meditation guide you into prayer, Scripture, and conversations with others.