

Growing up in a prayer-filled home is a beautiful and powerful thing. Parents can pray over their children from the moment they are conceived through adulthood. Children can learn alongside their parents how to pray to the Lord themselves. Siblings can pray for and with one another as they resolve conflict and build strong relationships. Extended family can cover loved ones in prayer through both joyful and challenging seasons.

Families can pray together more often than just before dinner, and it can be a life-changing and transformative experience that not only brings family members closer to God, but closer to one another! Below is collection of prayers for the family adapted from crosswalk.com.

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Scriptures to Pray Over Your Family

Numbers 6:24-26- "The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace."

Lord, bless my family and children. Give them hearts that follow after you.

Deuteronomy 31:6- "Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you."

Give my family the strength to not be afraid. Give them courage to stand up to what is right.

Psalms 51:10- "Create in me a clean heart, O God, and renew a right spirit within me."

Produce within them an attitude of integrity, giving their lives to giving you glory.

Luke 10:19 – "Jesus said: 'Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.'"

Let my family walk in your authority. May they understand and live each day, asserting the authority you have given them as your children.

Philippians 4:6- "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."

Do not give them a spirit of fear, but one of courage and surrender.

A Prayer of Blessing for Your Family

Dear Father, in Your beautiful book of Psalms, chapter 103 and verse 17, You give us this wonderful promise, “From everlasting to everlasting the Lord’s love is with those who fear him, and his righteousness with their children’s children.” What better promise could we receive from You in our lives than to see our children and children’s children blessed with Your love and righteousness? We ask for Your hand of blessing on us as well. Bless us with strength to be there for those we love, and wisdom to know what to say to bring comfort, encouragement, and sometimes difficult truth. We will need Your patience as we wait for Your perfect will and way in each of our loved one’s lives. We are so grateful, Lord God. Amen.

Prayer of Protection for Your Family

Lord, I pray Your emotional, physical, and spiritual protection over my family. Keep evil far from them, and help them to trust You as their refuge and strength. I pray You will guard their minds from harmful instruction, and grant them discernment to recognize truth. I pray You will make them strong and courageous in the presence of danger, recognizing that You have overcome and will set right all injustice and wrong one day. Help them to find rest in Your shadow, as they live in the spiritual shelter You provide for them. Let them know that the only safe place is in Jesus, and that their home on earth is only temporary.

Pray for Mom and Dad to Set an Example for Children

“Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.” [Colossians 3:16-17](#)

Lord, I pray that the message of Christ and his sacrifice is the root of gratitude in my heart. That His gracious gift leads me to thankful living, setting an example for my family and children. That they will have their own relationship with Jesus one day, and that You would grow gratitude in their hearts out of the acceptance of Jesus as their Savior. Lead us to do everything in the name of Jesus and give thanks to You through Him.

Pray Before Family Mealtime

Father, We have gathered to share a meal in Your honor. Thank You for putting us together as family, and thank You for this food. Bless it to our bodies, Lord. We thank you for all of the gifts you've given to those around this table. Help each member of our family use these gifts to your glory. Guide our mealtime conversations and steer our hearts to Your purpose for our lives. In Jesus' Name, Amen.

A Family Prayer for Gratitude

“We always thank God for all of you and continually mention you in our prayers.” [1 Thessalonians 1:2](#)

Lord, help us to be thankful for one another. Help my children to be thankful for each other, for our family to be grateful for each member and to pray one another continually. Our gratitude for one another will bind us together as a family, and our prayers for each other will further unify us in gratitude and love.

Prayer to Be A Family Focused on Missions

Here are a few easy [prayer](#) projects for the mission-minded family:

- Take a prayer-walk around your neighborhood, quietly praying for each neighbor as you walk by.
- Have your children make a "Ten Most Wanted" list or poster. Have them think of ten people who need Jesus. These can be relatives, neighbors, famous people, or the man who works at the convenience store. Use this list or poster to remind you to pray for these people to come to know the Lord.
- Put a small map on your refrigerator, and use this area to display newsletters from missionaries you support, along with current international news updates. Pray regularly as a family, perhaps around the dinner table, for specific world needs and for people you know who need the Lord.

Prayer to Fight Sin with Thankfulness

But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people. Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving. For of this you can be sure: No immoral, impure or greedy person—such a person is an idolater—has any inheritance in the kingdom of Christ and of God.” [Ephesians 5:3-5](#)

Lord, please replace our sins and temptations with thanksgiving. Help us to use gratitude as a way to battle the draw to immorality or impurity. Let us be people who are filled with thanks rather than sinful desires.

Kids Bedtime Prayer

Dear God, we thank you tonight for the good day and for the special way you take care of us all the time. Thank you for the fun times outside and the quiet times inside, and for helping us learn new things every day.

Thank you for creating us special, exactly the way you wanted. Thank you for protecting us throughout the day. Forgive us for the wrong things we do. Thank you for loving us even when we disobey or try to do things our way. Help us to always choose your way, God, because it's always best. We pray for _____ who doesn't know you, that they will come to understand your love for them, too.

Thank you for our home and a place to sleep and good food to eat. Teach us to trust you and to love you more and more. You are good; you are great; and you are faithful, God. And we love you. Good night.

Pray the Lord's Prayer over Your Family

- **Our Father in heaven, may Your name be honored in _____'s life.** Desire for your loved one to be honored, made holy, and cherished through the power of honoring and fearing God. When they hallow God's name in their life that attitude will spill over into their relations with others.
- **May Your kingdom come soon in _____'s life.** When a person seeks first the kingdom of God, then all else in life is placed in the right order. When God is in control of lives, children, careers, churches, then there will be direction in your prayers, thoughts, behaviors, feelings, and attitudes.
- **May Your will be done in _____'s life on earth, just as it is in heaven.** God's perfect will for your loved ones is their salvation in Christ Jesus. In saving us, God changes us, making us new creations ([2 Cor. 5:17](#)). Then He transforms us to live in His will on earth.
- **Give _____ the food he/she needs for today.** Daily bread for both spiritual and physical beings cannot be old, stale stuff from yesterday or a half-baked loaf from tomorrow that isn't ready yet. God's grace is sufficient to meet all our needs - one day at a time. When we come to Him in [prayer](#) He meets our needs daily. He feeds us the bread of His Word and He provides for all our physical needs as well.
- **And forgive _____, just as he/she has forgiven those who have sinned against him/her.** Forgiving one another opens you up to receive forgiveness. Forgiveness is

not an option. Jesus states it plainly, If you forgive those who sin against you, your heavenly Father will forgive you. But if you refuse to forgive others, your Father will not forgive your sins ([Matt. 6:14-15](#)).

- **And don't let _____ yield to temptation, but deliver him/her from the evil one.** Apply the blood of Jesus in [prayer for protection](#) over your loved ones. The blood protects us from the sin of building walls that hinder and even destroy relationships.
- **For in _____'s life You will build Your kingdom and manifest Your glory forever and ever.** Amen. The battle has already been won on the cross where Christ destroyed the works of the devil. Satan, sin, and death have been defeated. Your battle is prayer that claims, establishes, and overcomes the enemy as he seeks to rob, kill, and destroy the abundant life in Christ ([John 10:10](#)). Pray for that abundant life of God's kingdom in the lives of your loved ones.