

# Millersville Bible Church

## Co-ed Volleyball League Rules 2021

- Each team must have at least eight members on the team roster.
- Each team must have five players to play a match.
- Two women must be on the floor at all times.
- All players must be at least 18 years of age.
- A ball must be returned with no more than three hits.
- If more than two hits occur on a side, a woman must contact the ball.
- Substitutions are made at the serving position.
- Each player present on a given night must play at least one complete game.
- Scoring is based on the Rally point system. Points are awarded on every play. A point is awarded to the team that wins a particular rally. It is no longer necessary to be the serving team to score.
- Games are played to 25. If the score is 24-24 the game will continue until one team has a two-point advantage (e.g. 27-25).
- If the ball hits the net on the serve it is "in play," just as if it were to hit the net in the middle of a rally.
- All matches are the best two out of three games. Every team will play three games on a scheduled night (except the final week of playoffs) even if the match has already been decided after two games.
- No more than ten players may be on a team roster. This ensures that everyone signed up to participate receives significant playing time.
- No one may be added to a team roster after the fourth week of play.
- For a player to be eligible to compete in the playoffs he/she must have participated in at least two matches prior to the playoffs.
- If a player arrives after a game has already begun he/she must wait until the next game to play.
- FORFEITS: A team forfeits a game when at the start of a game they do not have a sufficient number of players (5, which must include 2 women). If by the time the

next game begins they have enough players, that game will not be forfeited. A team that forfeits a game is given 10 points for each game it forfeits. The non-forfeiting team gets 25 points.

- All other rules are the same as those of the United States Volleyball Association.